



Tammy Osburn

## Tammy Osburn's Success Story

Tammy Osburn met with Youth Service Specialist, Rachel Harris, at the CDSA office on 09/12/2015. Tammy was 20 years old and was seeking guidance to assist her in finishing school. Initially, she was a soft spoken young woman who over time allowed herself to be vulnerable and share her story with her case manager. Tammy had experienced great heartache in her short life. She became pregnant while in high school. Following the birth and soon thereafter death of her son, Ezekiel, to medical complications, Tammy dropped out of high school her sophomore year.

Once enrolled in the WIOA program she was adamant about doing what it took to get her life back on track. She was referred to the Youth Build Program at CDSA. In September, she participated in Youth Build's mental toughness. It entailed two strict weeks of zero tolerance with mandatory perfect attendance, punctuality, and good attitude. In October, she was welcomed to come aboard as an official Youth Build student. Over the course of the next few months, Tammy and her WIOA Case Manager worked hard to address all of her goals. Tammy participated in several leadership development activities where she learned about budgeting and managing a checkbook. She also participated in a job readiness workshop where she learned about work-site expectations, how to properly fill out a job application, and form a resume. This led to a work experience opportunity at the Garfield County Health Department.

Upon enrollment, Tammy was basic skills deficient in Math and Reading. Her commitment to working diligently on her Penn Foster High School Program and with tutoring sessions, she went from being basic skills deficient in Math with a score of 6.4 and a Reading score of 7.7 to having post TABE scores of 12.9 in both areas. Meanwhile, she also worked on key training modules and earned a Bronze Career Ready Certificate. On January 19, 2016, Tammy was among the first in Youth Build to complete her online school program and earn a high school diploma. She went on to receive other leadership development opportunities where she learned about community and service learning and civic responsibility, opting to register to vote. She was also exposed to post-secondary opportunities which led her to enroll in the Phlebotomy program at Autry Tech where she successfully attained her phlebotomy certificate. Today, Tammy is attending classes at Northern Oklahoma College in Enid with aspirations of becoming a nurse. She is a more confident young woman who has a plan and direction for her life and is excited about her future.

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Rebecca Anson started the WIOA Youth program with NOYS May of 2016, which also happened to be her 17th birthday. At that time, Rebecca was a young mom of a 20 month old little boy and also a student at Teen Pep program with Ponca City Schools. By the end of May 2016, Rebecca had received her high school diploma and was working at Arby's while her family assisted her by watching her son while she worked. Rebecca has a great support system with her family and her son's father is very active in their lives. Eventually he and Rebecca plan on getting married and living together as a family with their son.



Rebecca Anson

Rebecca's dream job would be to get her RN license. Rebecca stated in her youth application: "I have always wanted to work in the medical field because I want to help people when they are sick and wounded."

Through the WIOA Youth Program Rebecca was able to start her journey in healthcare. Rebecca attended the Certified Nurse Aid program at Pioneer Technology Center. She completed the course, received her CNA certification, and was offered a job with Via Christi making \$11.00 an hour. Rebecca gave notice at Arby's and started her new job as a CNA on 07/12/2016.

Rebecca is a determined, goal oriented individual. She continues to make good decisions for herself and her son, working toward creating an independent life for them after she turns 18. Rebecca plans on saving money to reach this goal and eventually she will pursue more training as an LPN or RN. Rebecca should be very proud of her accomplishments.

## Scott Taylor S.U.C.C.E.S.S.



Scott Taylor

Scott Taylor was laid off from Cameron Compression in Ponca City in December of 2013 after eight years of employment with the company. Cameron Compression closed and all employees were eligible for Trade Adjustment Assistance (TAA). Scott attended a TAA Informational Meeting at the Ponca City Workforce Office and was torn between training (TAA) or Reemployment Trade Adjustment Assistance (RTAA), which is a program for people over the age of 50. After discussing his options with the local WIA worker, Scott decided to pursue training and enrolled in Pioneer Technology Center's CNC Machinist and Advanced Machinist programs which began in August of 2014.

Scott excelled in his training, routinely making the Superintendent's Honor Roll with a 4.0 grade point average. Scott made many items during his training, including a chess set, knives, a pecan cracker, picture frames, a branding iron, and many other objects.

Scott completed his training in May of 2016 and was also awarded the Golden Techie Award at Pioneer Technology Center. After training completion, Scott has decided to open his own machine shop with a friend. Scott purchased a CNC Mill and a CNC Lathe and will be opening his business, T&M Machining, at 200 E. Emporia in Ponca City in the near future. Scott already has work contacts and is excited to start this new adventure in his life. In addition, Scott is listed as a substitute teacher for the Machinist program at Pioneer Tech.



# CDSA Helping the Community



# 1 in 3

families in the U.S. have trouble paying for diapers\*

\*data from "Every Little Bottom Study," June 2010, commissioned by Huggies

## Baby basics at CDSA

we are  
do

going to  
some-  
thing  
about



diaper  
need

## WITHOUT CLEAN DIAPERS

babies are exposed to health risks from reusing wet diapers or being left in a diaper too long. Parents may decide to begin toilet training before their baby is physically and emotionally ready. Children may not be able to attend childcare without a month's worth of diapers, keeping parents out of the workforce. All of these factors heighten family stress and can cause physical and emotional trauma for the baby.



# 35

 percent of children 0-5 years old in Garfield County are living under the poverty level\*

\*data from "Oklahoma School Readiness Reach-By-Risk Report," 2015, commissioned by the Oklahoma Department of Human Services

# You can help!

CDSA is opening a diaper bank to help fight diaper need in our community. Our goal is to have 50,000 diapers before our opening day on Jan. 2, 2017! There are several ways you can help us get there:



donate  
diapers



volunteer  
with us



support us  
financially



spread  
the word

Are you or your organization ready to help put an end to diaper need?  
Contact CDSA at 580-242-6131 for more information or to become a partner.

Vectors designed by Freepik

# Panhandle Nutrition Services



## PNS —

- Has been serving Seniors for over 30 years?
  - Serves Seniors at 9 locations in 8 counties?
  - Also delivers meals to the homebound?
- Serves approximately 82,000 meals a year?
  - Has outreach services that include but are not limited to; caregiver meals, homemaker services, nutritional analysis, nutritional education?

Did You KNOW?  
#513

Chewing gum  
while peeling  
onions will  
keep you  
from  
crying.



DidYouKnow.com

## What we're doing at PNS

In the last two months we've introduced a new leftover policy, made menu improvements, reduced the suggested contribution for Seniors from \$4 to \$3 per meal, and we're not finished! Our goal is to be more visible in our communities so that more Seniors and their friends, children, and grand children are aware of our program.

## We're having a Branding Campaign Contest!

Below are the three categories for the contest!

- 1) New Logo – Give us an idea for a logo for PNS, you can draw it, design it, or just give us a suggestion.
- 2) New Slogan – We are looking for a short slogan that captures our mission.
- 3) Facebook likes – Each site is competing against each other to get the most Facebook likes. If you live in or are associated in any way with the following towns or the counties they reside in, please find us on Facebook and like the page!

Alva, Arnett, Beaver, Boise City, Guymon, Laverne, Leedey, Vici, Woodward.

For more details about PNS please email us at — [panhandlenutrition@gmail.com](mailto:panhandlenutrition@gmail.com) or call us at 580-338-1777.

*Lance Osborn—Project Director*